



Ashland Recreation Center

AshlandMa.MyRec.com

SAFE@HOME

by SAFESITTER



Safe@Home is ideal for students that have expressed interest in assuming the responsibility of staying home alone. The program follows guidelines from the American Academy of Pediatrics and the American Heart Association.

SKILLS TAUGHT

- ✓ Practicing safe habits
- ✓ How to prevent unsafe situations
- ✓ What to do in the event of bad weather
- ✓ Basic first aid skills



WHO: Grades 3 - 6
WHEN: March 12, 2024, 4:30 - 6:30
WHERE: Ashland Community Center
COST: \$65*
INSTRUCTOR: Heather Welch, RN

Register online: AshlandMa.MyRec.com

*register by March 1 and save \$10

